

Common Recipe Abbreviations

Recipe Abbreviations
t = tsp. = teaspoon
T = Tbs. = Tablespoon
fl = fluid
oz = ounce
pkg = package
pt = pint
qt = quart
gal = gallon
lb = pound

Useful Cooking Measures

Miscellaneous Measurements	
Measure	Equivalent
1 dash	1/4 teaspoon or less
1 pinch	1/8 teaspoon or less
juice of 1 lemon	2 to 3 tablespoons
juice of 1 orange	about 1/2 cup

Fluid Measure								
In the United States, liquid measurement is not only used for liquids such as water and milk, it is also used when measuring other ingredients such as flour, sugar, shortening, butter, and spices.								
	tsp.	Tbs.	fluid oz.	gill	cup	pint	quart	gallon
tsp.	1	1/3	1/6	1/24	1/48	-	-	-
Tbs.	3	1	1/2	1/8	1/16	1/32	-	-
fluid oz.	6	2	1	1/4	1/8	1/16	1/32	-
gill	24	8	4	1	1/2	1/4	1/8	1/32

cup	48	16	8	2	1	1/2	1/4	1/16
pint	96	32	16	4	2	1	1/2	1/8
quart	192	64	32	8	4	2	1	1/4
gallon	768	256	128	32	16	8	4	1
firkin	6912	2304	1152	288	144	72	36	9
hogshead	48384	16128	8064	2016	1008	504	252	63

Dry Measure

Dry measurements are not typically used in US recipes; dry measurements are used mainly for measuring fresh produce (e.g. berries are sold by the quart, apples by the bushel, or peck). Do not confuse dry measure with liquid measure, because they are not the same.

	pint	quart	gallon	peck	bushel	cubic feet
pint	1	1/2	1/8	1/16	1/64	0.019445
quart	2	1	1/4	1/8	1/32	0.03889
gallon	8	4	1	1/2	1/8	0.15556
peck	16	8	2	1	1/4	0.31111
bushel	64	32	8	4	1	1.2445
cubic feet	51.428	25.714	6.4285	3.2143	0.80356	1