

Carolyn's Taco Soup

Ingredients:

1-1/2 lbs - Ground Beef

1 Pkg - Taco Seasonings

2-1/2 C - Water

2 Cans - Sliced Tomatoes with Green Peppers

2 Cans - Black Beans (drained & rinsed)

2 Cans - Whole Kernel Corn

Brown the Ground Beef, then drain the grease. Add the Taco Seasonings, Water, & all of the canned items. Heat thoroughly & enjoy.

Optional toppings when served:

Shredded Cheese, Sour Cream, or Diced Onions. You can also add crunched up Tortilla Chips or just have them on the side.

Efficiency idea!!!

You can pre-cook the Ground Beef then freeze it at home before the trip. Then just thaw it & prepare the meal.